

Remember what
"pamper" meant
before you had a
baby?

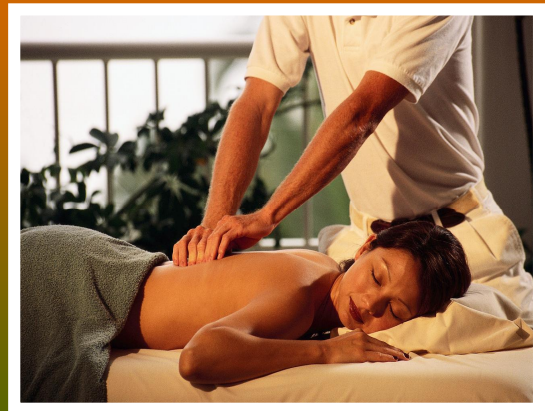


Mommy's Hel per: Pampering Makes a Comeback

A Mommy's Hel per coordinates a wide range of "Pampered Care" services designed to calm, assist, nurture and motivate the mother. Our goal is to provide new mothers with the necessary support to reduce the stress, fatigue and exhaustion which are known triggers of postpartum depression.

Our services include:

- * Gourmet Meal Delivery
- * Hair Styling
- * Massage
- * Manicures and Pedicures
- * Facials
- * Personal Trainers & More



*Makes a great gift for that new mom in your life.
Gift certificates available.*



For services in NYC, contact:
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